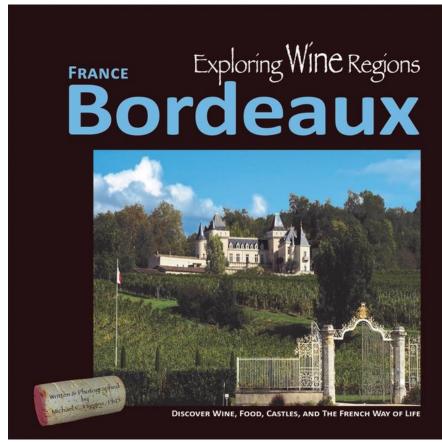
DEPARTURES

The Ultimate Book for Wine Lovers Is Being Released This Fall





Courtesy Michael C. Higgins

Wine writer and expert Michael C. Higgins takes readers on a journey through the famous region.

By Jordi Lippe-McGraw on August 05, 2020

For many wine lovers, Bordeaux is the go-to destination for all things vino. Sadly, trips to the region are on hold for some travelers, but that doesn't mean you still can't be inspired by the French hot spot. A new book is being released this October, *Exploring Wine Regions:* Bordeaux, and it promises to be part coffee table book, part wine geek guide, and mostly a travel guide.







rench-Asian fusion, an estate run by women delivering excellence in hospitality.

LOCATED IN MARGAUX VILLAGE INVITING HOSPITALITY



"It is the only coffee table book that I know of dedicated exclusively to Bordeaux's extraordinary wine region," author Michael C. Higgins told Departures. "It is an insider's travel guide to the region, packed not only with technical details about its legendary wines and quality classifications, but also the nitty-gritty on how to navigate the extraordinary tourism experiences of the area, from its centuries-old castles to its best restaurants to the vineyards where you can spend the night."



Courtesy Michael C. Higgins

While the new book is undoubtedly the latest way for wine lovers to taste their favorite spot, it's not the only one. Wine travel specialists also developed a virtual wine road trip that takes wine enthusiasts to the châteaux of Bordeaux, following the company's on-ground itineraries.



Courtesy Michael C. Higgins



The magic of Cabernet Sauvignon comes alive here in the Médoc.

Through centuries of tradition, passionate land caretakers, terroir of heavy gravel and sand, and notable winemakers mastering their blends... Bordeaux's Médoc has brought forth some of the finest, most powerful and complex wines the world has ever seen.

THE MÉDOC

Let's begin this journey through the Bordeaux win regions by entering the Médice first. Located by morth of the city of Bordeaux, the closest point on the city of Bordeaux, the closest point is only a 15-minute drive. The Médice spans of some particular of the control and Dordegne Rivers. It is anyabily the most we may be control of the Morte States, the by the Caronn and Dordegne Rivers. It is anyabily the most window of the Bordeaux wine regions as a result to Napoléon's bestowment of the "first-growthe" if the control of the Morte States will be controlled to the Morte States

many other high-profile Grand Cru Classés of 1855.
The reason Cabernet Sauvignon is "king" here is because the soil composition is ideal for this grape variety. Gravel, from small pebbles to large stones, embraces the toposil here. During the day, these

towns release that so make the controller when so given a pool and getting extra tanning. You get the undirectly plus you receive the reflection off he water, absorbed by your skin at a much under you got the water, absorbed by your skin at a much under year. This is the same for the vines. Cabernet Sauvignon needs warmer temperatures and a longer growing cycle than most grapes. The tones offer this through the benefits of reflection, so well as by absorbing the heat of the day and hen releasing the warmth back into the vines in the

Conversely, clay soil, more consistent with the Right Bank, keeps temperatures cool and moist more conducive to Merlot vines. Pockets of clay car fortunate to have some take full advantage of this soil to produce better Merlot grapes for their blends. This makes Cabernet Sauvignon the primary grape used on the Left Bank, while Merlot generally takes a second seat in the blend. The third Bordeaux varietal most commonly used in Médoc blends is Cabernet Franc, followed by Petit Verdot. Once in a while you



clay can that are Petit Verdot Exploring Wine Regions Bordeaux

Of course, once you're ready to hit the road again, the same company offers a Wine and Design Tour, which takes travelers on a trip around Bordeaux while highlighting vineyards and architectural treasures of the region. You could also plan your own journey with the help of Higgin's thoughtful and thorough new book.



Courtesy Michael C. Higgins

"My aim with this book was ultimate to 'uncomplicate' Bordeaux, which is an incredibly complex wine region, and to make it more accessible in some ways to all manner of wine lovers," added Higgins. "And until Americans can travel to Bordeaux again (which hopefully will be very soon), it's a great way for wine lovers to take a photographic tour of the region and gain inspiration for their next trip!"