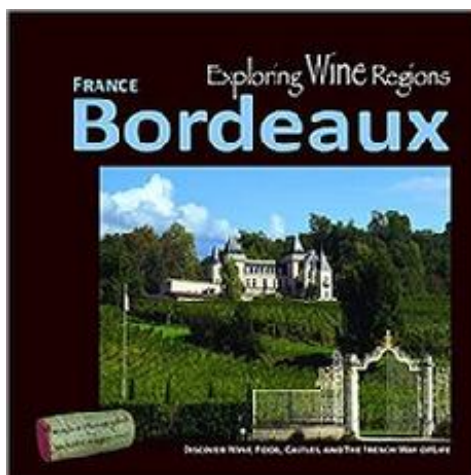


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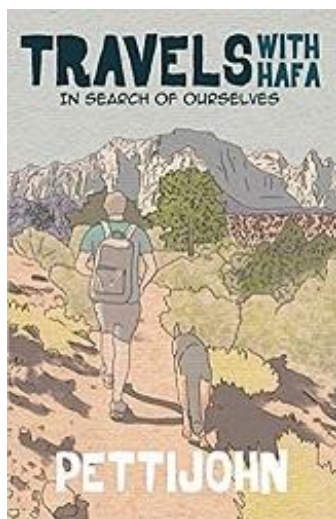
[Exploring Wine Regions – Bordeaux France: Discover Wine, Food, Castles, and The French Way of Life by Michael C. Higgins, PhD](#)

Exploring Wine Regions-Bordeaux France is the second book in its series that brings a unique approach in educating and inspiring readers about the wine regions of the world. Bordeaux takes you on a journey exploring the long and fascinating history of wine, gastronomy, castles and joie de vivre, the French way of living life. The perfect companion for any wine lover or travel enthusiast.

With a passion for wine and travel, author and photographer Michael C. Higgins delves deep into the history of Bordeaux, which he refers to as the “center of the universe for wine.” Combining wine education, insiders travel guide and his spectacular photography, Higgins continues to dazzle his audience with another informative and beautiful book.

Higgins helps readers understand the complexities of Bordeaux wine by presenting each region separately and explaining their nuances. He helps them navigate their own way through this historic wine region by highlighting the chateaux, including the ones where you can stay in their castles, restaurants and experiences with detailed maps and insider tips.

With breathtaking photography and personal commentary, readers are mesmerized by the Bordeaux world of wine, food and travel. Extensive resources are provided for wine lovers who want to know where to go, what to look for, what questions to ask, and how to understand complex answers. Everyone can learn how to develop a palate to appreciate the finest wine and food the French has to offer. Both connoisseurs and novices turn to this book series for insider information and inspiration. A must-have book for expanding your knowledge of Bordeaux and its wines.



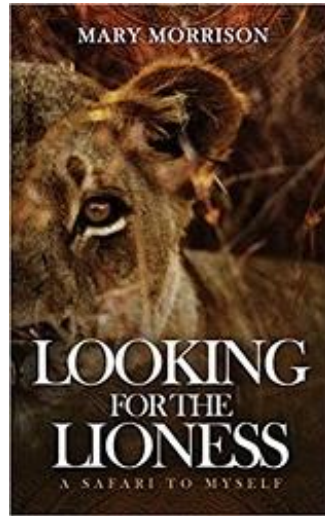
[Travels with Hafa: In Search of Ourselves](#)
[by Nathan Pettijohn](#)

On the heels of a breakup, author Nathan Pettijohn rents an RV and takes off on the road with his dog to explore the Pacific Northwest for the month of October. Along their journey, Pettijohn and his dog Raphael, or "Hafa," meet with locals in small towns and stay at sites ranging from national parks, trailer parks, and campgrounds, to parking lots and open spaces. While going to a number of iconic bucket-list road trip stops, Pettijohn shares his views on everything from dog training to dating apps, in a modern exploration of life on the road today in America for adventurers, vagabonds, and dog lovers.

[Looking for the Lioness: A Safari to Myself](#)
[by Mary Morrison](#)

Did you ever want to run away from home?

Feeling battered by multiple losses, including her parents, her husband, and her job, Mary Morrison needs a change. She doesn't just want another job, she wants another life. Carrying the baggage of anxiety and low self esteem, she moves to Africa to heal her bruises and rediscover her strength and purpose. She is captivated by the people, the

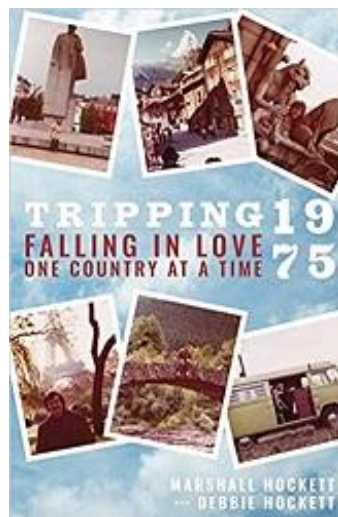


land and the animals, but nothing seems to go right and disaster threatens.

How will Mary overcome adversity and unleash the power of her inner lioness to fulfill her childhood dreams?

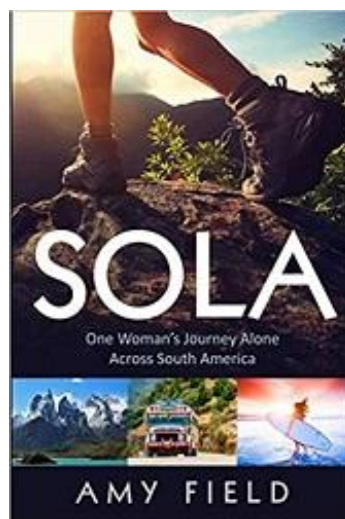
Looking for the Lioness is a memoir of a difficult time when Mary Morrison abandoned everything to start a new life as a volunteer teacher half way around the world.

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[Tripping 1975: Falling in Love One Country at a Time by Marshall Y. Hockett with Deborah A. Hockett](#)

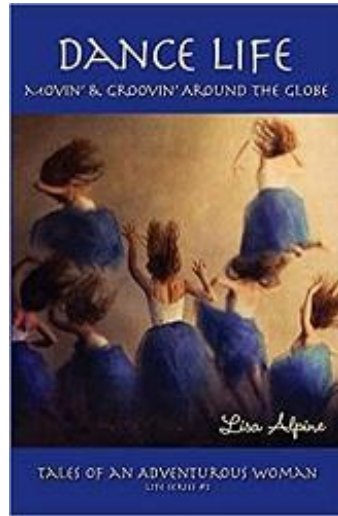
Tripping 1975 tells a couples' compelling story of love, travel, and of each other. Filled with good, hilarious, and yes, bad experiences that happened in real life to real people who thought they could (and did) travel Europe, Egypt, and Israel in a yellow VW van affectionately called "The Banana." Their best times were had when they had no idea where they were. Travel along and have fun getting lost on unfamiliar roads, big cities, and in beautiful little hamlets along the way.



[Sola: One Woman's Journey Alone Across South America by Amy Field](#)

SOLA chronicles the true story of a young woman's plunge from her pleasant narrow life into a rich foreign continent brimming with Panpipe-playing Zen masters, nighttime motorboat rides redlining through the jungle, hikes to Inca ruins and Patagonian glaciers, witches, mummies, goddesses, Brazilian bikinis, and a snow-covered volcano to climb -- accidentally. At the center of it all stands a quirky slightly-unstable surf guru who bends her mind with insightful wacky tidbits of wisdom and ultimately prompts the question: Can you ever go home again?

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[Dance Life: Movin' & Groovin' Around the Globe by Lisa Alpine](#)

In "Dance Life: Movin' & Groovin' Around the Globe", Lisa Alpine combines her three all-encompassing passions—writing, travel, and dance—into a bouquet of 27 stories that span her lifetime and the globe. From twerking with a nun in an Albanian orphanage to salsa dancing with a hottie under the burning sun in Cuba, to braving an attempt at flamenco on a Parisian tabletop, these toe-tapping tales will inspire you to follow the call of a wild life, leaving home with your passport in hand and your dance shoes stuffed into the suitcase.



[Five Months on the Missouri River: Paddling a Dugout Canoe by Thomas J. Elpel](#)

Have you ever dreamed of adventure?

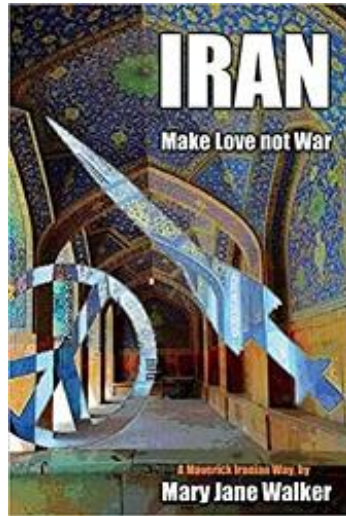
Thomas J. Elpel had the rare opportunity to carve a dugout canoe with Churchill Clark, the great-great-great-great grandson of Captain Clark. Together they whittled a 10,000 lb. Douglas fir log down to a 500+ lb. canoe.

Enlisting friends with additional canoes to join the adventure, Tom led a five-month "Missouri River Corps of Rediscovery" expedition, paddling the 2,341-mile Missouri River segment of the Lewis and Clark National Historic Trail from Montana to St. Louis. It was an archetypical story of adventure—to carve and paddle a dugout canoe like the famed explorers Meriwether Lewis and William Clark.

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[Iran: Make Love not War by Mary Jane Walker](#)

Iran is completely different to the cartoon-like image portrayed in the West, of a land of religious fanatics chanting Death to America. In reality it's a fabulous ancient civilisation and a country that's full of intelligent young people. This book, Iran: Make Love not War is an impression of Iran, gleaned from a three-week visit in 2018. I visited Tabriz, Teheran, Isfahan, Shiraz, the ancient capital of Persepolis, royal graves and the desert city of Yazd. I saw smugglers and prostitutes whose



practice was sanctioned as a temporary marriage by clerics; the most fabulous mosques and palaces anywhere; one of the first planned cities at Isfahan; Shiraz, the abode of poets and the stained glass mosque of Nasir-ol-Molk; and much more.

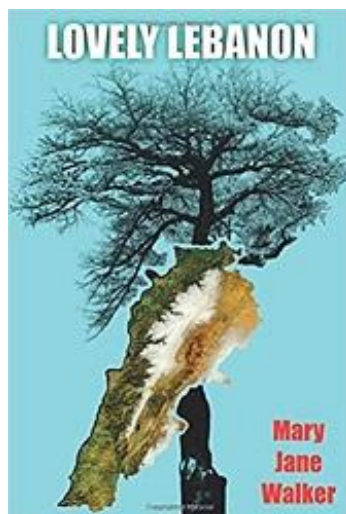


[Kong Boys: Seven Friends Take on Eleven European Cities for Their Thirtieth Birthdays by Gerald Yeung](#)

In summer 2006, twenty-year-old Gerald Yeung and his childhood friends from Hong Kong travel to South America and Africa on their parents' dime. Confronted by challenges foreign to their privileged upbringing, the "Wannabe Backpackers" persevere in their Christian Dior clothes. They make plans to do it again when they turn thirty.

The decade that follows doesn't go exactly to plan. Gerald chases the American Dream in a town of twenty thousand and subzero winters. Others pursue a fast-and-furious life in Hong Kong. They all experience failed relationships, career setbacks, and a decreasing ability to impress girls at clubs.

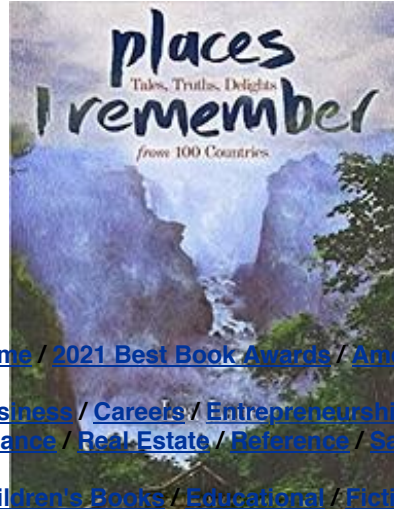
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[Lovely Lebanon: A Little Country with a Big History by Mary Jane Walker](#)

I didn't know much about Lebanon before I went there. And am I glad I did! It's a little country with a big history, from the biblical cedar groves to bustling Beirut. Layers upon layers of history, from Phoenicians, Greeks and Romans to Crusaders, Saracens, Turks and French, have built up this country, which is also the world's second most densely populated outside Bangladesh (small city-states like Singapore excepted). Yet it also has plenty of wild nature. From a hostel next to the historic Spanish Steps of Beirut, a city styled as the Paris of the Middle East, I explore the countryside, the ancient ruins, the birthplace of the poet Kahlil Gibran, and speak to representatives of Hezbollah, the militant group that controls parts of the country's interior. Lebanon is a

fragile country, still getting over a 1975-1990 civil war and with its southern border the scene of conflict between Hezbollah and Israel. But don't let that put you off visiting the country. And if it does, you can still read my book!



[Places I Remember: Tales, Truths, Delights from 100 Countries by Lea Lane](#)

Joyful and informative Places I Remember: Tales, Truths, Delights from 100 Countries presents writings and illustrated photos in a memoir covering over 50 years of travel throughout the world. You'll find a range of unforgettable people and places through vivid personal experiences--good, bad and often, laugh-out-loud funny.

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Greg Correll, former illustrator for The New Yorker and CLIO winner, has created stunning fine-art illustrations, based on her photos.

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