

# The Central Coast of California

**Book:** Exploring Wine Regions – California Central Coast 📖

**Author:** Michael C. Higgins 🍷

**Reviewer:** Monika Singla 🚀



*The Central Coast of California: Discovering Great Wines, Phenomenal Foods and Amazing Tourism*: three written by the author Michael C. Higgins is the third installment in the Exploring Wine Regions series.

The author has mentioned that the Central Coast has an excellent terroir for growing all types of wine grapes. The author has included various counties of California in this book. Within each county, the wine regions are distinguished by appellation and sub-appellation. The maps included within the chapters are really helpful. The different wineries included in this book are from the author's own personal experiences.

Monterey County is the first county that the author has written about in this book. The author has given detailed information about these counties and the various wineries. Monterey has various places like The Wine Trail, Coastal Wine Tasting, etc for a great wine tasting experience.

San Luis Obispo County, Santa Barbara County, etc are some other counties that are part of this book. The images included in the book tempted me to explore these wineries. I am excited to have wine tourism experiences now. This was something that was never on my list but the author has made me excited about it with his detailed experiences.

Those who are interested in expanding their knowledge of California and its wines should definitely get their hands on this book. This is an informative read that has given me many new insights. I strongly recommend this book to my fellow readers. Go ahead with this book without any second thoughts.

**My Rating:** 5/5

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