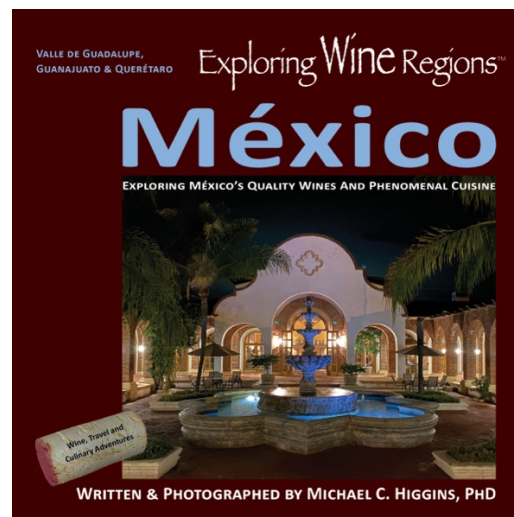


México: Exploring México's Quality Wines and Phenomenal Cuisine by Michael C. Higgins – BOOK REVIEW



BOOK REVIEW

Exploring Wine Regions -- México: Exploring México's Quality Wines and Phenomenal Cuisine by Michael C. Higgins, PhD.

Michael Higgins continues his winning streak with *México*, the fourth book in his Exploring Wine Regions series. *México: Exploring México's Quality Wines and Phenomenal Cuisine*, follows his books on [Bordeaux](#), [Argentina](#), and [California's Central Coast](#), matching their high quality and enticing content.

I know that I (and maybe most people) think of tequila and beer, not wine, when considering México's alcoholic offerings. Higgins is out to change that perception with his insiders' guide to México's wineries, vineyards, and wine-related restaurants and accommodations. In a beautiful, coffee-table book format, Higgins provides all the information you need to explore México's wine regions, enjoying incredible food, specialty lodging, and side adventures along the way.

Higgins concentrates on the three main wine regions in México – Valle de Guadalupe, Guanajuato, and Queretaro – and their sub-regions. He features wineries that are open to the public, make excellent wines, and offer tourism experiences beyond what he calls “step-up-to-the-bar-to-taste.” These experiences are primarily food-related (everyone has to eat and food and wine go together), from restaurants to food and wine pairings to cooking classes, but extend to wine-making lessons, horseback riding, water sports, whale watching, shopping, museums, and more. Even teetotalers can appreciate the incredible descriptions of the food and luxury accommodations the book offers.

Like the other books in his series, Higgin's México book is crammed with gorgeous photographs, tidbits, and asides, making it a perfect armchair travel book for any wine lover as well as an indispensable resource for planning a wine tour of the region. I can't imagine visiting México's wine country without Higgins's book!

NOTES

You can read my review of Higgins's France and Argentina books [here](#) and his California book [here](#). Go to the [Exploring Wine Regions website](#) for more information about this book, the series, and Michael Higgins.

FROM THE PUBLISHER'S DESCRIPTION

Tourism in México is outstanding, we all know it. And the Mexican wine regions are no exception. Wine regions are always very beautiful places. Here, the mountains and valleys are ever so enchanting. The wineries are engaging, have lots of tourism activities available, and are especially inviting and friendly with their warm Mexican hospitality. Both connoisseurs and novices turn to this book series for insider information and inspiration. It is a must-have book for expanding your knowledge of México and its wines. With 340 full-color pages and over 600 photographic images, this fourth edition explores México's regions of Valle de Guadalupe (including Ensenada), Guanajuato (including San Miguel de Allende) and Querétaro (with its rich history).

Link to review: RoseCityReader.com/2025/04/mexico-exploring-mexicos-quality-wines.html